



Girl Guide Vanilla Banana Trifle

By Petite & Sweet

Makes 4 servings

Ingredients

- 10 classic vanilla Girl Guide cookies
- Vanilla pudding (recipe below)
- Vanilla whipped cream (recipe below)
- 2 bananas
- 1/2 C (125 mL) toasted walnuts

Vanilla Pudding

Ingredients

- 2 cups (500 mL) milk
- 1/2 cup (125 mL) sugar
- 4 egg yolks
- 1/3 cup (75 mL) flour, sifted
- 2 tsp (10 mL) vanilla extract

Instructions

Combine milk and 2 Tbsp of sugar in a saucepan. Bring to a boil on medium heat. Combine egg yolks and remaining sugar in a bowl and whisk until thick and pale in colour. Whisk flour and vanilla extract into egg mixture. When the milk starts to boil, slowly pour 1/3 of the liquid into the egg mixture while constantly stirring it to prevent scrambling the eggs. Pour egg mixture into saucepan with remaining milk and place back on heat. Stir vigorously until mixture thickens and comes to a boil again.

Pour pudding into a bowl and place plastic wrap on surface of pudding. Let cool in refrigerator for a few hours.

Once cooled, make the vanilla whipped cream and assemble the trifle.



Vanilla Whipped Cream

Ingredients

- 1 cup (250 mL) whipping cream
- 1 Tbsp (15 mL) powdered sugar
- 1/4 tsp (1 mL) vanilla extract

Instructions

Combine the cream, powdered sugar, and vanilla extract in a bowl. Whip until soft peaks form.

Assembly

1. Crush classic vanilla Girl Guide cookies and place most of them at the bottom of trifle dish.
2. Add a layer of vanilla pudding.
3. Slice bananas and place on pudding layer.
4. Sprinkle toasted walnuts over top.
5. Add a layer of vanilla whipped cream and top with more walnuts and vanilla cookies.
6. Chill until ready to serve.



About Petite & Sweet

This recipe was developed by Petite & Sweet. Owners and event planners Elle Daftarian and Caspar Haydar use their unique talents to offer full-service event planning and catering from their lifestyle boutique in Toronto.

About Girl Guides

Girl Guides of Canada empowers every girl in Guiding to discover herself and be everything she wants to be. In Guiding, girls from 5-17 meet with girls their own age in a safe, inclusive space to explore what matters to them. Girl Guides is where girls take the lead, put their ideas into action and jump into awesome activities – all with the support of volunteer Guiders, who are committed to positively impacting their lives.